

Monitoring Form for Teacher Mastery Goals

Note for Teachers:

Make these mastery goals your own! Perhaps you just want to choose one area—time management, behavior management, or modeling of fluency—for the entire school year.

Alternatively, you might want to work on all three over the course of the school year.

It is highly recommended, however, that you just work on one area at a time, for a minimum of six weeks. If you want to work on all three areas throughout the school year, for example, you could work on time management for six consecutive weeks, behavior management for six weeks, and modeling of fluency for six weeks, and then repeat the cycle. Another option would be to work on each area for twelve consecutive weeks.

The monitoring of mastery goals is not meant to be time-intensive. It is a brief, weekly check-in designed to heighten your self-regulation. You can keep track of your progress by saving your Google Forms results in a folder in your Google Drive labeled “My IRA Mastery Goals”.

Please rate your agreement with this statement: My (time management, behavior management, modeling of fluency) during IRA lessons this week was effective.

	1	2	3	4	5	
Strongly disagree	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Strongly agree

One thing I can do next week to improve in my mastery goal is _____.

Your answer
